
In the Spotlight



Hello and welcome to our Spring edition of **'In the Spotlight'**.

It seems ages since the last newsletter (at Christmas) and we're already a quarter of the way into a new year! Time flies when you're having fun/working hard.

Our MD, Jane is recovering well after her pacemaker operation and we'll continue to argue with her to take it easy and not do too much while she heals fully. She thanks everyone for their well wishes and is looking forward to catching up with everything that's been going on when she's back in the office in March (and we let her have her laptop and phone back!)

We've had an extremely busy start to 2024 - implementing, rolling out and using our new CareSkills training platform which, from the feedback, has been well received. The support teams and office staff are on their way to being fully trained with completion of the mandatory modules at almost 72% - (that's 621 courses completed among all users so far). Thank you to everyone who has already done this.

For those that haven't completed, there is a deadline looming. Spotlight are extremely proud of our training programme and it doesn't just stop with online training. There's been moving and handling training from Summerseat Physiotherapy and safeguarding training with Linda Sayers. The office team will soon be on a TetraMap course which is a profiling tool for building relationships and communication. It will be an ideal tool to use when we're recruiting both internal and external candidates, and when communicating with families and each other.

In our quest to embrace digital, we're exploring how to make everyone's role just a little easier (and preparing for our CQC audit) by adopting a new digital care logging system in line with CQC expectations. We have researched so many options, wanting to make sure that we have the right system in place to suit everyone and we trust that the one we choose will mean a decrease in work load for our team leaders and support staff, as well as providing insights for the families into the care being provided.

Our support workers and team leaders have been upgraded from email only access to having a shared drive, Teams chat and Microsoft Office suite, ensuring that data is not stored on laptops or phones and our clients remain fully protected by our servers. The intranet site is being prepared so it won't be long before we can share any insights and latest news in the complex world of brain injury.



You may have noticed a few LinkedIn, Indeed, Facebook, Instagram and x (twitter) adverts recently. We're managing an increasing client base as well as hiring for existing clients, which means we're often looking for permanent and bank complex care support staff in multiple areas. If you do know of any staff, please share the ads when you see them or get them to contact us at office@spotlightcs.com.

If families would prefer to see a more bespoke ad and are happy to share images that we can use on social media, please send your written consent and photographs to your case manager or katecoates@spotlightcs.com.



What's on...

March is brain injury awareness month. To honour our wonderful families, colleagues, clinicians but especially our clients and the fantastic achievements they make every day, we're hosting a drop in/meet and greet day with food, games and fun.

When 25th March 2024 between 11 and 2 pm

Where Spotlight Offices 18a Eaton Avenue, Buckshaw Village, Chorley PR7 7NA

We hope that as many of you as possible will turn up on the day - please let your case manager or melaniehinks@spotlightcs.com know if you're able to attend.

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Meet the Team

Focus on ... Melanie Hinks

Melanie is our go to guru for compliance, training, medical, CQC, audits, employee wellbeing... in fact we take full advantage of her vast knowledge and many years experience as a registered nurse. She's been at Spotlight since 2020, helping to implement processes and policies and steering us all in the right direction.

What do you like most about working at Spotlight?

I love that my work is so varied and developing each day. My role often changes focus in a day from auditing paperwork, undertaking risk assessments, preparing for a CQC inspection with the team and more recently developing staff training and supporting them in the home environment. This will continue to develop with some practical elements of training. I love how the team work together to meet the needs of the client but are also very supportive towards each other. The flexibility my role offers is also extremely important to me allowing me to balance work and home life.

What do you normally do in your spare time?

As I work mainly 2 days a week I'm fortunate to have spare time 😊. This is often spent over a coffee catching up with friends of many years and this is lovely as previously this was often hard to do and friendship and family is very important to me. I look forward to hearing from my daughter Emma and her latest adventures as she has been overseas for nearly six months doing marine research. She is due home soon so looking forward to that as we've missed her noise and giggles. In general, it is often my husband, Andrew and dog Fudge I'm spending time with and when possible sneaking a few days away together.

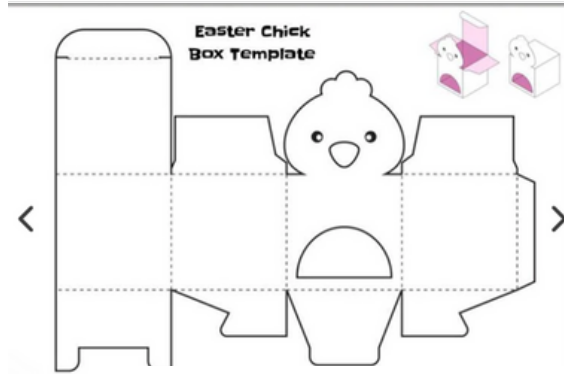
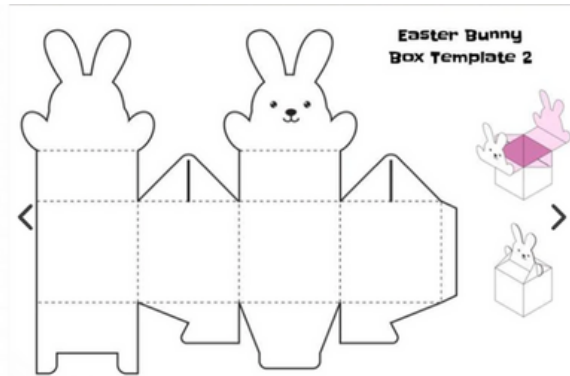
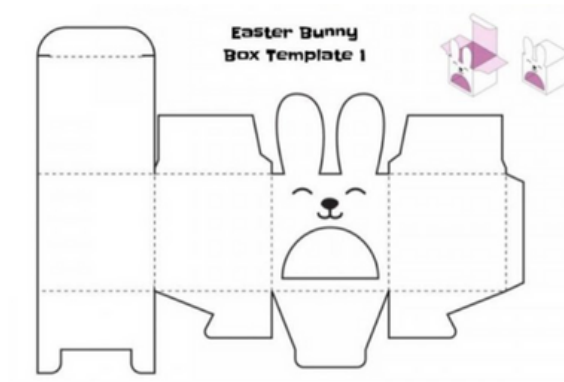




Easter Crafts

If you celebrate Easter and you're looking for something to do on a rainy day, these little boxes are fun to decorate and create no matter what age group. Fill them with mini eggs and shredded tissue paper to make a little gift box

Go to <https://planbee.com/products/easter-box-template> for more ideas and to download free templates



You'll need
Mini Eggs
Coloured Tissue paper
Coloured paper or card
Scissors
Black pen to draw the face





Fire Safety

It's possibly not something that many of us ever think about as we take it for granted that we'd be safe and know what to do in the event of a fire. But do we really know what to do? Have we all got a fire safe plan in the event of something happening?

If anyone in your home or that you support has limited mobility, there are some fire safety issues you should know about. Take a look at the website below for some sound advice.

<https://www.lancsfirerescue.org.uk/safety/safety-advice/mobility-issues/>

What's happening in our industry?

You may already have seen this post, but what innovations are they going to come up with next? This is such an exciting development

Paediatric robotic exoskeleton: <https://www.facebook.com/watch/?v=391871660155582>

There is a digital version of Able magazine which covers many aspects, such as transport, travel, education, personal accounts, etc. This month's edition has news about the mental disability act and adapted kitchens which may be of interest to everyone, but especially for those families that are currently looking for their new properties.

<https://edition.pagesuite-professional.co.uk/html5/reader/production/default.aspx?pubname=&edid=0db68fd4-d995-45d7-bdf7-ce49463475e4>

Headway Central Lancashire Community Meetings

Headway are holding community meetings for people who have an acquired brain injury or after a major trauma injury, their families, friends and carers. They are held on the first, third and last Tuesday of the month and open to anyone who needs advice on aspects of acquired brain injury and practical advice on daily living.

<https://www.headwaycentrallancashire.org.uk/community-meetings/>

We hope to see you at our open day on 25th March 2024 and as always if you would like to be featured in or contribute to the newsletter, please send items in to your case manager or katecoates@spotlightcs.com
